

cleaner. If your door is closed test the door with the back of your hand before opening it. If it is hot, don't open it. Fire could be on the other side. Use your second way out. If you can't open the window or it is too high up, signal for help by waving your hands or a bright colored object.

- Never be afraid of firefighters, even if their outfits look scary.
- Never play with matches, lighters or other thing that can burn you. Some examples of things that can burn you are: matches, candles, hot pot on stove (make sure to turn the handles to the back of the stove), hot iron, hot coffee or any hot beverage, fireplaces or stoves, coffee maker, containers of food heated in a microwave, and fireworks are just a few.
- If your clothes catch fire, STOP, DROP AND ROLL.
- Don't plug multiple appliances into one receptacle. If a wire is frayed, replace it,
- Learn how to report a fire. Call from a place outside of the burning building. Give all the information you are asked (name, phone number, address) and don't hang up until you are told to do so.
- Campfires – build campfires in designated areas only. Always make sure your fire is out before leaving the campground. Never have open flames in or near a tent (pitch your tent about 15 feet away from the fire pit).

Most children, at one time or another, express an interest in fire. Supervising a child in the proper way to light matches is a good way to show them fire safety. As adults if we set a good example in the use of fire and good safe practices, our children will do the same.



*Sophie, Allie and Finn prepare the batter for the carrot bread the Kindergarten class is making for Harvest Dinner.*

**Physical Education Notes** Leigh Clark writes, After distributing the helmets that were pre-ordered last week, I still have a few helmets available for purchase. Please see me if you would like to purchase one. They are a great buy at \$8.50 and would make a wonderful gift for any child.

Last week students in grades one through sixth ran the mile run to begin the Fall portion of the *Fitnessgram*. This week, Fran Blair, the school nurse will be doing the height, weight and skinfold measurement, also part of the *Fitnessgram*.

### Gift Wrap Sale

The holiday season is quickly approaching! Help support our school's KPAS program by participating in our gift wrap fundraiser. Sales packets are included with this week's Monday Bulletin. Orders need to be returned to school by October 20th. Thank you for your help and support!

### Upper Unit Play

Play practice is scheduled for Tuesday and Wednesday 3:20-5:20 this week, and Tuesday 3:20-5:20 next week. Set painting Friday Oct. 16 starting at 3 pm and going until done - pizza dinner included. Wednesday rehearsals 3:20-5:20 after that until Nov. 4. And the show is on Thursday Nov. 5 at 6:30.

### Mad River Youth Basketball

Basketball Registrations for boys and girls in grades 3 to 6 will be held on Thursday, October 22nd at the Waitsfield Elementary School Gym from 6:00 to 7:30 pm. Registration fees are \$35 per player (family discounts and scholarships are also available).

Practices begin in mid-November. Games are played from mid-December through February. Most games are scheduled on Saturdays. Parents can participate as well - there are opportunities for coaches, referees and scorekeepers. Basketball is a great way to keep your children active during the winter - and it's fun!



*Jeannie Sargent is our "Garden Steward" this year. She led a band of volunteers from WASP last Friday in putting to bed the gardens in the back of the school, reining in some renegade pumpkin plants that had gone over the wall. Earlier this year they harvested beets, lettuce, string beans, and basil. The Kindergarten in front of the school produced potatoes.*

### MRV Soccer Spring Tryouts and Sign up

Sunday, Oct. 18, 2009 at Mad River Park

12:00 Sign-up U8 Boys & Girls ((birthdates between 8/01-7/03) and Tryouts U12 Boys (8/97-7/99)

12:30 Sign-up U14 Boys (8/95-7/97),  
U15-17 Boys (8/92-7/95)

1:00-2:30 Tryouts U10 Boys & Girls (8/99-7/01)

2:30-4:00 Tryouts U12 Girls, U14 Girls

U15-18 Girls contact John Stokes at [jstokes@accessvt.com](mailto:jstokes@accessvt.com) with information regarding your soccer experience. There may be tryouts at a later date if necessary.

Fee: \$50 U8; \$90 U10-U12; \$125 U14-U17

For tryouts, you must bring: Cash or check, emergency contacts and doctor's information, 1x1 photo, birth certificate or passport (if new to MRVSA.), and a soccer ball. Requires serious level of commitment and one hour or more travel time to games. Season runs from May thru mid-June. Games are mostly on Sunday afternoons with occasional Friday afternoons or Saturdays. Questions? Contact Anne Greshin 583-3223 or [greshin@madriver.com](mailto:greshin@madriver.com)

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### Important Dates for your calendars:

10/8	Thurs	Community Harvest Dinner 5:30 pm
10/13	Tues	Picture Re-takes 4 <sup>th</sup> grade math for parents 5:30
10/14	Weds	Early Dismissal; WASP & KPAS programs will be offered
11/5	Thurs	Upper Unit Play, 6:30 pm
11/6-7		Fifth grade camp-in trip at Boston Museum of Science
11/11	Weds	Early Dismissal; WASP & KPAS pro